

Dates For Your Diary

6th February – Playingfield AGM, Village Hall 7.30pm

15th February – Village Friends, Moat House, 2.00pm

17th February – Film Club, Village Hall, 7.00pm

19th February – Public Meeting re shop & PO, Village Hall, 7.45pm

WHAT'S ON IN THE VILLAGE HALL

Yoga: Classes every Monday evening 6.00pm

W.I.: Meets on the 2nd Tuesday of every month at 7.30pm

Carpet Bowls: Meets on the 2nd & 4th Wednesday of each month at 7.30pm

Table Tennis: Meets on the 1st & 3rd Wednesday of each month 7.30pm

Whist Drive: Meets on the third Friday of each month at 7.30pm

Film Night: Shows 3rd Saturday of each month. Doors 7.00pm for 7.30pm

COMPLAINTS

SUGGESTIONS

COMPLIMENTS

The Village News team would welcome your feedback
Do you have any comments about what we do, what's going well, anything you'd like us to change.

Please feel free to contact us:

Email – mtavernor@btinternet.com Phone – Jo Tavernor
01449 737793

Reminder to contributors: Please be aware that items submitted after the **Deadline** cannot be guaranteed to appear in the magazine.



FELSHAM & GEDDING

PLAYINGFIELD COMMITTEE

(The Walmsley Jubilee Field)

Registered Charity 272431

Annual General Meeting

Tuesday 6th February 2018

7.30pm in the Village Hall

If you use the Playingfield please seriously consider joining the committee. It's informal and fun and as a committee member you will help to set and run the programme of events and improvements for the coming year.



Some Valentine Facts



Well it is the February issue, so following on from thoughts of St Valentine in Rev. Sharon's article, here are some more Valentine related "factoids"

- *In the Middle Ages, young men and women drew names from a bowl to see who would be their Valentine. They would wear this name pinned onto their sleeves for one week for everyone to see. This is believed to be the origin of the expression "to wear your heart on your sleeve."*
- *Commercially, Valentine cards didn't appear in England until almost the 1800's, though handmade cards had been popular for some time.*
- *Lace is often used on Valentine decorations. The word lace comes from the Latin *laqueus*, meaning "to snare or net," as in to catch a person's heart.*
- *The first Valentine's Day candy box was invented by Richard Cadbury in the late 19th century.*
- *Each year some 300,000 letters go through Loveland, Colorado, to get a special heart stamp cancellation for Valentine's Day.*
- *Every Valentine's Day, the Italian city of Verona, where Shakespeare's lovers Romeo and Juliet lived, receives about 1,000 letters addressed to Juliet.*
- *Based on retail statistics about 3 per cent of pet owners will buy gifts for their pets on this day.*
- *In Finland Valentine's Day is called *Ystävänpäivä*, which translates into "Friends Day". It's more about remembering your friends than your loved ones.*

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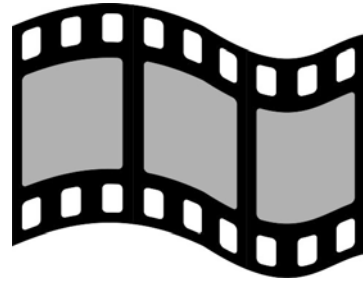
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**FELSHAM & GEDDING VILLAGE HALL
SOCIAL CLUB FILM EVENING
PRESENTS**

**BELLE
2013**



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SATURDAY 17TH FEBRUARY

**The film show starts at 7.30 pm as usual
& the bar and hall will be open from 7pm**

New members and guests are very welcome to join

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Or call **Claire Day** on 07803 615 444

The following message is being sent on behalf of Suffolk Trading Standards

We have had a number of reports and we would ask that you make all friends, family and neighbours aware:

- We've had a report of an individual going door-to-door attempting to sell a "spare" mattress in the Sudbury area.
- We have had a report that "Nottingham Knockers" were in the Holbrook area. These individuals knock at doors and claim to be ex-convicts attempting to mend their ways, before trying to sell the householder everyday household products at very high prices. These Nottingham Knockers work in groups across the country but they are not involved in any officially recognised offender rehabilitation programme and many do not possess Pedlar's Certificates, which are issued by police and are necessary for salespeople to be legally allowed to sell door-to-door.
- The rogue fish sellers are back! We've had a report that they were going door to door in Rougham, Bury St Edmunds. These traders travel nationally, cold calling consumers' homes selling the fish. This is often misdescribed, mislabelled or unlabelled, overpriced and sometimes underweight. They are targeting vulnerable consumers and using high pressure sales techniques. They usually use Transit-style vans which are not refrigerated.

Trading Standards always advise residents to refrain from buying at the doorstep and not to buckle to pressure from salespeople offering supposedly one-off 'buy it now' low prices.

Additionally, a Suffolk care provider has been targeted by a fake bailiff. The fraud involves being cold-called by someone purporting to be a bailiff working on behalf of a court, attempting to recover funds for a non-existent debt.

Please report all scams and rogues to Suffolk Trading Standards via Citizens Advice Consumer Service on 03454 040506.

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LEARN HOW TO MAKE REAL BEER

Last month I shared with you my “Easy Way to Make Beer”. Now you’ve had the chance to try that out and seen how easily you can create something drinkable you may be ready to experiment a little - so now for something a bit different!

MALT EXTRACT BREWING:

The next step up from making beer from a kit is known as Malt Extract brewing.

Malt Extract brewing can:

- Work out much cheaper than making beer from a kit. That must be a plus!
- Give you more freedom to experiment with different malts and hops, thereby giving you more options for the flavours of your brews. The reason for this is most kits provide the liquid malt and the hop extract combined.
- Give you the option to make beer with higher or lower alcohol contents.

Traditionally (or is that anecdotally?) this last item means higher alcohol but I have just barrelled a batch of lite IPA with (hopefully) a lower alcohol content!

At its simplest, malt extract brewing can be just as easy as kit brewing, something I’m sure that kit manufacturers won’t thank me for saying. To make beer, all you need is sugar in the form of malt extract, a bittering agent such as hops, and some yeast. That really is it.

My basic recipe is as follows and is loosely based on an Underbank Ale recipe courtesy of The Brew Shop www.thebrewshop.com

Ingredients

- 3kg liquid malt extract. I bought a 25kg drum from Harts Homebrews in Stowmarket.
- 100g of hops (my latest brews used hops grown in Felsham).
- 250g crystal malt from Beautiful Beers in Bury St Edmunds
- Yeast. There are many special beer yeasts but I find Young’s Dried Active Yeast works well. I bought mine from the now disappeared Butterworth in Bury St Edmunds
- water approx. 20l. *Aqua tapa* (Tap Water)

Method (remember to sterilise your equipment)

1. You need a large sauce pan/stockpot. (I use a 12l stockpot but ideally something up to 20l if you have one). Put the liquid malt in the ‘pot’. Pour in 3l of boiling water and stir to dissolve and bring to the boil.

Put the hops and crystal malt into a large muslin bag, (mine is a tube about 200mm diameter and 450mm long) tie the end(s) and put it in the pot. Add up to 6l boiling water or until the water level is 3cm below the rim of the pot. Bring back to the boil



cont'd from previous page.

1. and simmer for half an hour. Alternatively you can just boil the hops and crystal malt without a bag, but you then have to sieve them out.
2. Pour (or dip out with a jug) the liquid (wort) into the 30l fermenter.
3. Pour approx. 3l of cold water over the muslin bag in the pot and stir it and prod it around for a minute or two. Put this additional wort into fermenter.
4. Repeat 4. But this time knead and squeeze the bag. Put wort into the fermenter and repeat until you have 22.5l in the fermenter.
5. Put on lid with airlock and allow to cool to 20°C, and then add yeast. I find just sprinkling 1 to 2 teaspoons on the surface works well.
6. Put in a warm room. To even out any temperature fluctuations I put a heated belt around the fermenter. If the room is not warm wrap something around the fermenter.
7. Fermentation should start in day 1 and probably be completed at the end of day 4 though it will take longer if the temperature gets low.
8. After a week (or when the fermentation has pretty well stopped) I run the wort into a pressure barrel together with circa 75g sugar dissolved in boiling water.
9. Screw down top loosely and keep in a warm room for a few days. Then tighten top and put in a cool place. It will (should) be drinkable in two weeks and exceedingly drinkable in three to four weeks. (if it lasts that long!)

Happy brewing. Next month I will suggest a few variations to the above. I will also suggest the next step, but as I haven't taken this step yet you will be reading someone else's experience.

And finally those of you who have done some brewing or winemaking you will notice the absence of such words as 'hydrometer' and 'siphon tube' amongst others. They have their place but at present not in mine! As long as my beer stays as good or better than at present I will be happy. So too are those who have tasted it ----
- several times!

Cheers

Mark Tavernor



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VILLAGE FRIENDS

The next meeting will be held at Moat House on
February 15th 2-4pm.

Village Friends is an over 60's friendship group of men & women from various villages who meet once a month and enjoy tea together.

All welcome, just come along.

The meetings are held at:
Moat House, Felsham.
Sue Jell 01284 828892 or
West Lodge, Bradfield St George.
Lynn Cardale 01284 386327

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TAKEAWAY MENU NOW

Pub News

It is with great regret that we have had to say farewell to two of our resident Lagers HOP HOUSE and CARLSBERG. However, we are sure you will give a warm welcome and much valued support to CORRS LIGHT and GROLSCH.

We also have a special guest appearing alongside IPA, ABBOT & Southwold in February called DOOM BAR, again much valued drinking support required.

PUB AUTUMN/WINTER OPENING HOURS

MON		5PM – 11PM
TUE	CLOSED ALL DAY	
WED	12PM – 3PM	5PM – 11PM
Thurs	12PM – 3PM	5PM – 11PM
FRI	12PM – 3PM	5PM – 11PM
SAT	12PM – 3PM	5PM – 11PM
SUN	12PM - 6PM	

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Cockfield Benefice Services – February 2018

Saturday 3rd February	 From 3pm til 5pm	Felsham Village Hall
Sunday 4 th February 2 nd Sunday before Lent	8am Communion BCP	Cockfield
	9.30am Benefice Family Service	Felsham
Sunday 11 th February Sunday next before Lent	9.30am Communion BCP	Gedding
	11am Morning Prayer	Cockfield
	4pm Evening Prayer	Bradfield St Clare
Wednesday 14 th February – Ash Wednesday	10am Communion with Ashing	Bradfield St George
Sunday 18 th February 1 st Sunday of Lent	9.30am Morning Prayer	Gedding
	11am Communion	Bradfield St Clare
	4pm Evening Prayer	Bradfield St George
Sunday 25 th February 2 nd Sunday of Lent	9.30am Communion	Bradfield St George
	11am Communion	Cockfield
	6pm Six2seven	Felsham

Daily Prayer

Monday	Tuesday	Wednesday	Thursday	Saturday
5pm Gedding	9am Cockfield	5pm Felsham	5pm Bradfield St Clare	5pm Bradfield St George

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com

Dear Friends,

This year we will be observing Ash Wednesday on 14th February. For those of you who notice these things, that is the date of Valentine's Day.

When we look at the history of Valentine's Day, we find that it has grown out of a remarkable Christian story. The first official St Valentine's Day was declared on 14th February by Pope Galasius in 496, in memory of a 3rd century martyred priest in Rome. It's not known for sure whether Pope Galasius was honouring this 3rd century priest or whether it was one of two other martyred priests associated with the same date!

However, it is this priest in Rome that has become the most famous of the three. It is believed that the young priest rose to distinction after betraying Emperor Claudius in 270AD by conducting illegitimate wedding ceremonies in the capital. Emperor Claudius claimed that married men made poor soldiers and so decreed all marriage of younger citizens would be outlawed. Bishop Valentine, however, maintained that marriage was part of God's plan and purpose for the world. He continued to conduct marriages in secret between young people, sometimes as young as twelve, in the name of love.

Unfortunately his success brought him notoriety, which led to his downfall. He was jailed and ultimately beheaded, but not before he fell in love with the jailer's daughter. It is thought that on the evening of his execution the bishop passed her a note which read 'from your Valentine'. This story has led to the modern day tradition of Valentine's Day. An estimated one billion Valentine's cards are sent each year – second only to Christmas! I suspect there will be many more people eating chocolates bought for them by their Valentine than people observing the first day of Lent!

I find the Ash Wednesday service – where a cross of Ash is placed on our foreheads as a symbol of our need to repent at the beginning of Lent – a very powerful one. And so begins the season of Lent – a time for reflection, of self-examination and of repentance (saying sorry), as we prepare for that great festival of Easter!

Yours in Christ,
Revd Sharon

revsharon@btinternet.com, 01284-828599 or 07825086063



Our village shop is at risk

**If you have an interest in the future of our
village shop and Post Office
there is to be a
Public Meeting on Monday 19th Feb 2018
at the Village Hall
at 7.45pm.**



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Notice on behalf of the Parish Council

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BRADFIELD WOODS PROGRAMME



Mondays (weekly) 10am – 11.30am

Wild Tots for families with under 5s
£4 per child, please book

Monday 12 February - Introduction to pole lathe turning for teens

10.30am – 2.30pm. Free. Please book Learn how to prepare and turn wood on a pole lathe to make small items

Tuesday 13 February - Nest box building

10.30 – 12.30pm. £6 per box. Please book
Make a bird box and feeder and take part in our quiz trail

Wednesday 14 February - Winter warmers for 8- 14 year olds

10.30am – 2.30pm. £7 per child. Please book

Saturday 17 February - Adult course: Spoon carving

10am - 3.30pm £50. Please book

Thursdays from 22 February - Go Wild! for 6 - 12 year olds

4pm – 5.30pm £4 per child. Please book

Sunday 25 February - Adult course: Hazel hurdle making

10am – 5pm £25. Please book

Learn how to cleave hazel and weave hurdles from coppiced hazel with professional hurdle maker David Downie. We will be making panels for sides of the craft area in Bradfield Woods.

Book your place at www.suffolkwildlifetrust.org



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Felsham and Gedding W.I. January Meeting 2018

Jambo means Hello in Swahili and so the Felsham and Gedding W.I. found themselves singing (in Swahili) and clapping at their January Meeting - the words of the song known as The Porters Song held aloft by Judy Chisman, the guest speaker.



This is jumping ahead. The President conducted the business side swiftly and then Judy was introduced and set out her wares.

Having travelled through Africa when she was 25 (now 70) and seen Mount Kilimanjaro she fell in love with the country. Luckily St. Edmundsbury Cathedral has links with Kagera, Tanzania and Judy is a member of group within the congregation who actively help, support and visit the area. She had made several visits to help in one of the schools so when a friend asked her if she would like to join her to climb Mount Kilimanjaro to raise money for the region she jumped at the chance. She had long wanted to climb it or as those familiar with climbing /trekking would say summit it. When you reach the top you have summited. ! Sounds a bit ominous and not too nice!

There were 4 in their party (aged 70, 60, 35 and 23) with 25 porters who carried all supplies and set up camp each day. It takes about 6-8 days to reach the summit (just 2 days to descend)— a rapid climb in comparison to others BUT quite a number of the 50,000 plus who attempt it each year don't make it as they suffer altitude sickness or worse -die!!!!!!!!!!!!!!

You need to carry 4 litres of water and be properly equipped as you go through 5 different vegetation zones on the mountain, which is an extinct volcano, ranging from rainforest through to bushland and ice cap.



The top (sorry – summit) is 19341ft and it is Africa's highest free standing mountain. (Everest is 25000ft.+) Even though hikers are required to stick to several formal routes and sleep at designated camps the impact of so many boots stomping up and down is a serious challenge on many fronts not least of which is human waste!

It proved an interesting evening although it didn't seem as though it would be high on a to do/ must see list of places for the members. Not sure why?!

Sadly, Judy never made it to the summit. She was 6 days into the trek when she was smitten by altitude sickness, not badly but unwise to continue.

Next month will be a talk on The Rubbish Diet (not what you are thinking) by Karen Cannard.

Usual place and time, Village Hall, 7.30 pm .You would be very welcome if you were tempted to come along.

Kwaheri – goodbye in Swahili.

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How to make your own bird feeder

wildlife
watch



What you need:

- dry ingredients
 - bird seed
 - dried fruit
 - cooked rice
 - breadcrumbs
 - grated cheese
 - chopped nuts
- hard cooking fat (lard or dripping)
- a fir cone, coconut shell or yoghurt pot
 - 
 - 
 - 
- string
 - 

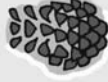
1 Mix all the dry ingredients together in a bowl



2 Add the fat and give it a good mix around

If you need to melt the fat, ask an adult to help

3 Choose your feeder



plaster all over a fir cone



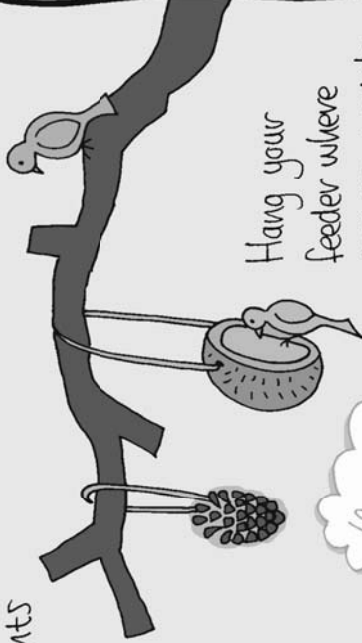
put it round the inside of a coconut shell



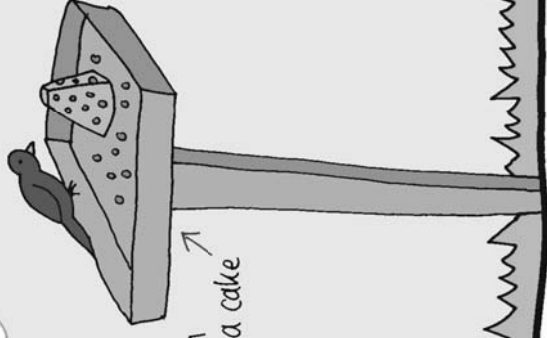
press into a yoghurt pot

You can hang this upside down like a bell or turn it out like a cake

4 Hang your feeders with string (you may need to make holes and tie the string in before adding the mix)



Hang your feeder where you can watch birds without disturbing them




Just for Kids

Illustration: Corinne Welch © Copyright Royal Society of Wildlife Trusts 2015



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Crawford Electrical Contractor



Mark Crawford

Domestic and Commercial Electrician

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EE Electrical

Marmalade Chicken

Preparation time: 10 minutes

Cooking time: 30 minutes

Serves: 4

Ingredients: 3 table spoons bitter orange marmalade

1 table spoon Dijon mustard

Seasoning

8 chicken thighs

2 red onions – quartered

1 large orange – quartered

Juice of 1 orange

2 tablespoons good olive oil

2 tablespoons chopped parsley

Deep baking tray LINED with baking parchment

Method: Oven on to 200c

Mix marinade of marmalade, mustard and S&P

Coat the chicken thighs with the marinade

Arrange the chicken and marinade in a roasting tray lined with baking paper

Add the onion and orange quarters

Drizzle with orange juice and olive oil

Bake for 30 minutes, basting a couple of times, until tender and golden

Season well and scatter with parsley and serve with pan juices

Comments

Lots of juices so nice served with mash which can be flavored with garlic, parsley or lemon if desired, all go well with dish.

Needs to be a good gutsy marmalade, large peel works well as delicious when softened and cooked



Thorpe Morieux and District Gardening Club

On the evening of Monday 20th January Mr Andrew Sankey came along to Thorpe Village Hall to begin the 2018 series of events for The Thorpe Morieux and District Gardening Club. Andrew gave a very interesting illustrated talk entitled "A year in the life of a cottage garden ". This he based on his experience on moving house from Essex to Lincolnshire to a property that he felt suitable to enable him to make a show garden and promote his gardening activities as a nurseryman and garden designer. When he moved house he took with him many plants and planted them in his new property. Sadly, in his moving stress period he neglected to check on the nature of his new soil and many of his plants died. From this experience he realised that his new choice of plants must be closely matched to his growing conditions and that he would need to select plants that would naturally thrive with a minimum of attention apart from initial watering in. This, he felt, was very important for a "cottage" garden.

For Andrew there are only two seasons: Spring that might continue until about July and Summer following on to finish in late September: These are the flowering periods then in September he cuts his plant growth down in readiness for new growth in the next year. Occasionally he digs up a larger plant to reduce its root growth and replants a small part for the coming season. A minimum of maintenance leaving the garden to natural growth is nature's way in the cottage garden.

Companion planting Andrew recommends such as arranging hardy geraniums around the Daffodils to hide the dying leaves of the bulbs which must not be removed but become hidden. Similarly, companion planting used in summer might bring out some of the weaker colours. The Spring garden is arranged close to the house where the bulbs and hellebores etc can be viewed from the house window without going outside in poor weather. The summer garden is "Showtime" when beds and borders of blooms are at their best. Careful grouping of plants give great pleasure in terms of form, colour and scent and it matters not if they overlap the path edges but display themselves as nature intended. Vegetables may also be included to give colour and form.

The Chairman, Linda Shotbolt, thanked the speaker and said that much had been learned. Andrew had mentioned many plants as suitable for this type of garden but Linda reminded the members that on club trips many plants seen might help with personal choice. The members expressed their thanks to the speaker with a hearty burst of loud applause.

Sid Broughton.



Mobile Sales & Services

PURPLE PEOPLE EATER CURRY VAN Wednesdays @ 5 - 8pm - Village Hall Car Park

FRESH FISH Fridays @ 10.05am (weather permitting) - Village Hall Car Park

LIBRARY Friday 16th February @ 10.10am Gedding Village Sign & 11.40am Felsham VH Car Park for roughly half an hour

JOHN'S FRESH FRUIT & VEG Mondays & Thursdays Contact John Talbot on 01449 736578 for a personal service

Bin Emptying

Wednesday 7th February - Recycling bin

Thursday 8th February - Brown bin

Wednesday 14th February - Black bin

Wednesday 21st February - Recycling bin

Thursday 22nd February - Brown bin

Wednesday 28th February - Black bin

Bus Times

Buses to and from Bury St Edmunds - Monday to Saturday

No 377 Depart Bury Road, Felsham at 07.14

No 377 Depart Gedding Bus Stop at 07.17

No 377 Return from Bury Bus Station at 17.50

No 386 Depart Church Road, Felsham at 10.14 & 12.44

No 386 Depart Gedding Bus Stop at 10.17 & 12.47

No 386 Return from Bury Bus Station at 11.10 and 14.10

Buses to and from Bury St Edmunds - Wednesdays only

No 379 Depart Felsham Six Bells at 10.34

No 379 Depart Gedding Bus Stop at 10.36

No 379 Return from Bury Bus Station at 13.00

Buses to and from Stowmarket - Monday to Saturday

No 386 Depart Gedding Bus Stop at 09.19, 11.49 & 14.49

No 386 Depart Church Road, Felsham at 09.22, 11.52 & 14.52

No 386 Return from Stowmarket, Bury Street at 9.50 and 12.20

Buses to Woolpit - Fridays only

No 472 Woolpit Circular - (Health Centre Bus) Depart at 10.20

No 472 Return from The Street, Woolpit at 12.30

ALLOTMENTS	HARRY WRAGGE	01449 736611
CARPET BOWLS	TREVOR DORES	737936
CHURCHES: ST PETER'S, FELSHAM ST MARY'S, GEDDING	REVEREND SHARON POTTER Email: revsharon@btinternet.com	01284 828599
CHURCH WARDENS	FELSHAM: DAVID WILLIAMS GEDDING: JAMES MORGAN	01449 737778 01449 737445
DOCTORS SURGERY PHARMACY	HEATH ROAD, WOOLPIT	01359 240298 01359 242394
F&G FUEL GROUP	pawilson4@btinternet.com	01449 736330
FAGENDS	C/o DAVID WILLIAMS	01449 737778
FELSHAM CHARITY	DAVID WILLIAMS	01449 737778
GEDDING PARISH MEETING	GILLY MORGAN	01449 737445
MEMBER OF PARLIAMENT	JO CHURCHILL, 10 HATTER STREET, BSE IP33 1LZ	01284 752311
MID SUFFOLK AND COUNTY COUNCILLOR	PENNY OTTON Email: penry.otton@suffolk.gov.uk or penry.otton@mid-suffolk.gov.uk	01449 736482
MID SUFFOLK DC	NEEDHAM MARKET	0845 606 6170
FELSHAM PARISH COUNCIL	CHAIR: SIMON GARROD CLERK PAULA GLADWELL, Green Farm Barn, Cockfield Email: felshamparishderk@gmail.com	01449 737728 01284 828112
PLAYING FIELD	CHAIR: ADRIAN KING	01449 737495
SHELTERED HOUSING	MID SUFFOLK D.C.	01473 826639
POLICE	Safer Neighbourhood Team One Stowmarket.snt@suffolk.pnn.police.uk	101 999 emergency
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VILLAGE E.VINE	Email: faddb1011@btinternet.com	
VILLAGE HALL	CHAIR & BOOKINGS: DAVID WILLIAMS	01449 737778
VILLAGE WEBSITES	Felsham: felsham.onesuffolk.net/ Gedding: gedding.onesuffolk.net/ Felsham & Gedding Community Group: https://www.facebook.com/groups/1499511503671659/	
WHIST DRIVE	PAT CLARKE	01449 736202
W.I.	ALISON SHAW	01284 827034
YOGA	PAT CLARKE	01449 736202

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We **do** publish factual material from recognised organisations.

We do publish to the Village web site at <http://felsham.onesuffolk.net/>

We do **not** publish defamatory, rude, blasphemous, racial or other inappropriate material.

We reserve the right to edit contributions to suit publication needs.

We are reliant on contributions from many sources, taken in good faith, and cannot be held responsible for any errors or omissions.

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