

Felsham & Gedding

VILLAGE NEWS

Issue 203, January 2021



Welcome to the January edition of your Felsham & Gedding Village News. Happy New Year! I'm sure many of us will be pleased to see the passing of 2020 with all its turmoil and heartache for many of us.

I hope that you will share with me the thankfulness I feel that we live within a caring and cohesive community; at no point in time have I felt lonely or forgotten, even though I've had to self-isolate a couple of times during the course of the year. Like many independent-minded folk I find it difficult to ask for assistance, but both friends and neighbours have made it clear that I'm not bothering them by asking – and their eagerness to assist has been very much appreciated and made the asking easier. I fully intend to return the favours, with interest, as and when required.

Even though Covid is still amongst us, life continues and the village organisations perpetually need people to run them. Our playing field has been a god-send to all of us throughout the last year and as an independent charity relies on members of the local community to manage it. The management committee has recently reduced to only six people and we would dearly like to see more representation from villagers who have children to make sure any future developments are chiming with the needs of our latest generation. See page 5 for details of how to attend the AGM.

Next Copy Date: 20/01/2021

Please be aware that items submitted after the deadline cannot be guaranteed to appear in the magazine.

Copy Submissions

Email: fgvillagenews@gmail.com or call Jo Tavernor on 01449 737793

Advertising Email:

fgvillagenewsadverts@gmail.com or call Jo Tavernor on 01449 737793

Compliments, Complaints and Suggestions

The Village News welcomes your feedback. Do you have any comments about what we do, what's going well, anything you'd like us to change?

Newsletter General Policy

We do publish acknowledgements, articles of general interest, artistic works and similar.

We do publish factual material from recognised organisations.

We do publish to the Village Website at <http://felsham.onesuffolk.net>

We do not publish defamatory, rude, blasphemous, racial or other inappropriate material.

We reserve the right to edit contributions to suit publication needs.

We are reliant on contributions from many sources, taken in good faith, and cannot be held responsible for any errors or omissions.

Copyright waiver is presumed implicit on all submissions unless clearly stated otherwise.

A Christmas Day Wedding!

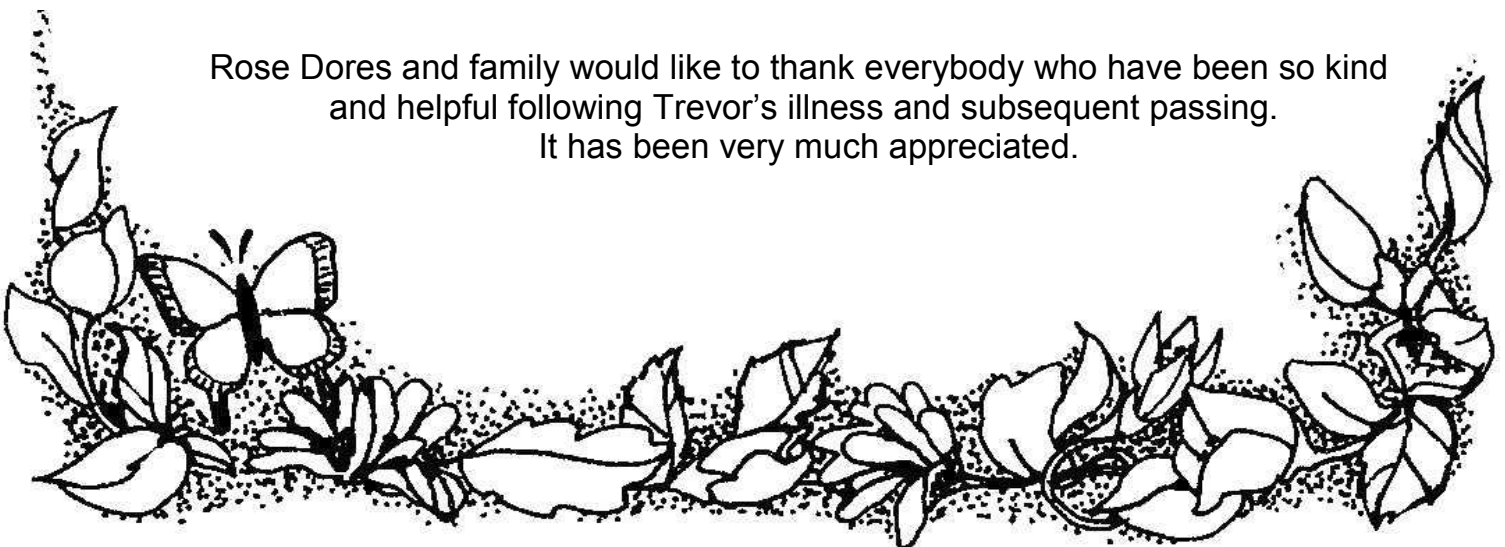
Congratulations to Mark and Tracey Fisher on celebrating their hastily rearranged wedding in order to beat the post-Christmas lock-down.



Thanks must also be extended to our wonderful Reverend Sharon who clearly can move heaven and earth along with the amazing ability to find time in her hectic schedule on Christmas Day to bring such happiness to the lucky couple.

With locals responding to the call for photographs outside the church and a personal billboard celebrating the event outside the pub, I think this is an excellent demonstration of what a wonderful community we are all part of. I hope they don't mind sharing their joy as our front cover story this month!

Rose Does and family would like to thank everybody who have been so kind and helpful following Trevor's illness and subsequent passing.
It has been very much appreciated.



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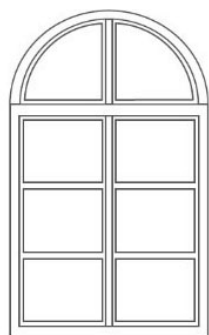
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FELSHAM & GEDDING PLAYINGFIELD COMMITTEE

(The Walmsley Jubilee Field)

Registered Charity 272431

Annual General Meeting

Tuesday 9th February 2021

7.30pm via Zoom

Please register your interest by emailing chantry471@btinternet.com

No later than 5pm on Monday 8th February 2021.

You will be sent a link to the virtual meeting and a copy of the annual reports.

We look forward to seeing you.

If you use the Playingfield please seriously consider joining the committee.

It's informal and fun and as a committee member you will help to set and run the programme of events and improvements for the coming year.





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Felsham and Gedding Playingfield Committee News

The Felsham and Gedding Playing Field committee has planted over 200 trees as part of the BBC's Countryfile Plant Britain campaign.

"Plant Britain" wants to get everyone planting in a big, ambitious two-year project where we can all do our bit in the battle against climate change and to help wildlife and our own well-being.

Plant Britain launched with the goal of planting 750,000 trees – one for every UK primary school starter in 2020. As our Playing Field Committee had already been allocated 200 free trees from the Woodland Trust for continuing our community woodland planting on part of the playing field they thought they'd register the planting as part of this campaign too.

The Playing Field Committee was hoping to hold a number of Covid-safe community planting days throughout January, but as our villages are firmly in Tier 4 they realized this was not going to be possible. Committee members carried out the planting between Christmas and New Year on an individual basis following a masterplan drawn up by the Village's Tree Officer, Mark Tavernor.

So, if you head virtually to the webpage [BBC Countryfile Plant Britain](#) you will be able to see Felsham and Gedding's contribution to the campaign on the interactive map. And if you head physically to the Playing Field you will see our actual baby community woodland taking shape.

Anyone can join in with Plant Britain campaign, so whatever you plant, be sure to log it on their interactive map. And don't miss out on their special planting ballot which gives you the chance to plant trees with Countryfile presenters at Woodland Trust sites across Britain in 2021.

Please ensure you don't trespass on private land and that you have permission to plant from the land owner.

one Countryfile

Home Episodes Clips Galleries Countryfile Calendar @BBCCountryfile Information and Support More

Take part in Plant Britain

Record your planting on our interactive map

Countryfile's Plant Britain aims to galvanise the nation to get planting. We want to know what you've planted and where. Whether it's a tree, a plant, a flower, or fruit or veg, we'd love you to add it to our interactive map. And you'll be able to follow the nations planting progress!

Please note; if you plant over 20 plants, you'll be forwarded onto a separate form and a member of the production team will be in contact. Before sharing your information with us make sure you have read the Plant Britain privacy notice and terms and conditions.

Enter the ballot to plant trees with our presenters

Countryfile has joined forces with the Woodland Trust to give our viewers the chance to plant a tree

Countryfile Plant Britain wants to get everyone planting in a big, ambitious two-year project where we can all do our bit in the battle against climate change and to help wildlife and our own well being.

Plant Britain

We launch with the goal of planting 750,000 trees – one for every UK primary school starter in 2020. From inner city estates to some of Britain's most breath-taking landscapes, it doesn't matter where you live. And however small a space you've got to plant, we can help. What about your own micro-forest in a window box?

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Email: nicobraz@hotmail.co.uk

Real Christmas Tree Recycling

If you have a garden waste (brown) bin - During January, you can leave your real Christmas tree*, with all decorations removed, beside your brown bin on collection day.

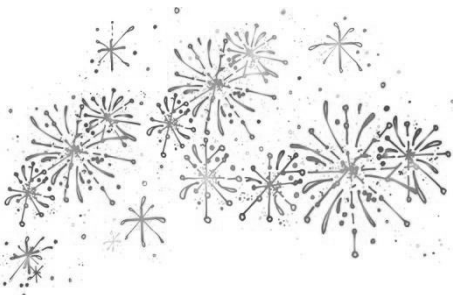
Don't have a brown bin? You can recycle your real Christmas tree, with all decorations removed, at one of our collection points listed below. Alternatively, you can take the tree to a [Suffolk Recycling Centre](#).

***Large trees** (trees that are more than 7ft tall/have a 3 inch trunk), can only be collected via a collection point, or taken to a [Suffolk Recycling Centre](#).

Mid Suffolk Christmas tree collection points

Parish	Collection point	Collection day	Collection date
Great Finborough	Next to noticeboard	Thursday	21 st January
Rattlesden	Playing field car park	Thursday	21 st January
Stowmarket	Chilton Fields car park	Friday	29 th January
Stowmarket	Recreation ground	Friday	29 th January

Just a reminder about the rules for letting off Fireworks



Please respect your neighbours and their animals if you intend to let fireworks off on your property and make sure you follow the rules.

It is **illegal** to let fireworks off in the street or a public place. You should only let fireworks off on private land such as your garden or on land where you have the landowner's permission.

It is a common misconception that you can only let fireworks off on or around Guy Fawkes. You can in fact let fireworks off any time of year and any day of the week including Sundays, but you must let them off before 11pm.

Exceptions to the 11pm rule are:

November 5th - You can let fireworks off for Bonfire Night until **midnight**.
New Years Eve, Diwali and Chinese New Year - You can let fireworks off until **1am**.
It is courtesy to notify your neighbours if you are having a display especially if it is not on November 5th or New Year's Eve.

You can read the various firework laws that apply through legislation in [The Firework Regulations 2004](#) at www.legislation.gov.uk

In addition: Everybody has their own views, but our village signage is not the place to display them and can be distracting from the purpose of the signs. This way of displaying personal views also creates additional work for our volunteers, who then have to take time to remove them.

Felsham Parish Council.

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Citizens Advice Mid Suffolk

Citizens Advice Mid Suffolk provide advice on problems at work, help people struggling to pay their bills and work out if people are getting all the financial help they are entitled to. We are a local charity and our advice is free.

Opening times: Monday - Thursday, 9.30am – 3.30pm
Friday 9.30am – 12.30pm

Call us on **01449 676060** or visit **www.midsuffolkcab.org.uk**

If you have any questions please let us know. We are keen to do everything we can to support people in our community during the coronavirus crisis.

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January 2021

Monday	Tuesday	Wednesday	Thurs
<p style="text-align: right;">4</p> <p>John's Fresh Fruit & Veg Call 01449 736578</p> <p>BLACK BIN</p> 	<p style="text-align: right;">5</p>	<p style="text-align: right;">6</p> <p>CANCELLED</p> <p>Carpet Room VH, 7.30pm</p>	<p>John's Fresh Call 01449</p> <p>Mermaid Fish VHCP – 6 –</p>
<p style="text-align: right;">11</p> <p>John's Fresh Fruit & Veg Call 01449 736578</p> <p>CANCELLED</p> <p>Yoga, VH, 6pm</p>	<p style="text-align: right;">12</p>	<p style="text-align: right;">13</p> <p>CANCELLED</p> <p>Table Tennis VHCP, 7pm</p>	<p>John's Fresh Call 01449</p> <p>Mermaid Fish VHCP – 6 –</p>
<p style="text-align: right;">18</p> <p>John's Fresh Fruit & Veg Call 01449 736578</p> <p>CANCELLED</p> <p>Yoga, VH, 6pm</p>	<p style="text-align: right;">19</p> <p>Parish Council Meeting VH, 7.30pm Virtual Access via Zoom</p>	<p style="text-align: right;">20</p> <p>CANCELLED</p> <p>Carpet Room VH, 7.30pm</p>	<p>John's Fresh Call 01449</p> <p>Mermaid Fish VHCP – 6 –</p>
<p style="text-align: right;">25</p> <p>John's Fresh Fruit & Veg Call 01449 736578</p> <p>CANCELLED</p> <p>Yoga, VH, 6pm</p>	<p style="text-align: right;">26</p>	<p style="text-align: right;">27</p> <p>CANCELLED</p> <p>Table Tennis VHCP, 7pm</p>	<p>John's Fresh Call 01449</p> <p>Mermaid Fish VHCP – 6 –</p>

day	Friday	Saturday	Sunday
	1	2	3 8am Communion BCP - Gedding
7 Fruit & Veg 736578 & Chips 6.30pm	8 Fresh Fish, VHCP, 10:05am	9 RECYCLING BIN 	10 10am Family@Felsham - Felsham/online
14 Fruit & Veg 736578 & Chips 6.30pm	15 Fresh Fish, VHCP, 10:05am BLACK BIN 	16 Film Night, VH, 7pm CANCELLED	17
21 Fruit & Veg 736578 & Chips 6.30pm	22 Fresh Fish, VHCP, 10:05am RECYCLING BIN 	23	24
28 Fruit & Veg 736578 & Chips 6.30pm	29 Fresh Fish, VHCP, 10:05am BLACK BIN 	30	31 10am Benefice Communion - Felsham

Cockfield Benefice Services – January 2021

please see website for up-to-date information

<p>All 10am services will be made available on the benefice facebook page https://www.facebook.com/cockfieldbenefice</p>	
<p>3rd January - Epiphany Sunday</p>	<p>8am Communion BCP - Gedding 10am Morning Prayer - Cockfield/online</p>
<p>10th January - Baptism of Christ</p>	<p>10am Family@Felsham - Felsham/online 4pm Communion - Bradfield St Clare</p>
<p>17th January - Epiphany 2</p>	<p>10am Communion - Cockfield</p>
<p>24th January - Epiphany 3</p>	<p>10am Worshipping Together - Bradfield St George</p>
<p>31st January - Presentation of Christ in the Temple</p>	<p>10am Benefice Communion - Felsham</p>

A service of Celtic Morning Prayer is held every Tuesday

at Cockfield at 9am to which all are welcome

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com





Dear Friends,

I have just re-read the article I wrote for January 2020 in B.C time (before Covid!). If we had known what would be in store from March onwards I might have written a completely different article. However, some items are still on the agenda - Brexit being one of them. By the time you read this we will be in uncharted territory - possibly without a Brexit trade deal, and hopefully getting going on the Covid-19 vaccine programme.

Even with the vaccine, it is going to be a tough year. We have lost people to the virus. Businesses have disappeared. Schools are desperately trying to fill the gaps for children who lost out during the major lockdowns. Health and social care are under tremendous pressure. No wonder many are suffering with lack of sleep due to anxiety, stress or depression.

So, what can we as Christians offer to all the difficulties and sadness? We have just celebrated (in a more subdued way of course) the birthday of our Lord Jesus Christ. God made man. A tiny baby arriving in a time and a place that did not have the mass communication that we have today. Yet still the things that Jesus said and did changed the way in which communities lived and treated each other - both then and through the centuries that followed.

And so I am thinking about love. I am not talking about the romantic, sentimental kind of love that fills our books and our screens. I am thinking of the kind of love that St Paul talks about in his first letter to the Corinthians chapter 13:

“Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things”.

For me, this is what being a Christian is all about. If only we could substitute all the hatred, prejudice, fear and hostility in this world with this kind of love. Well.....wouldn't that be wonderful?

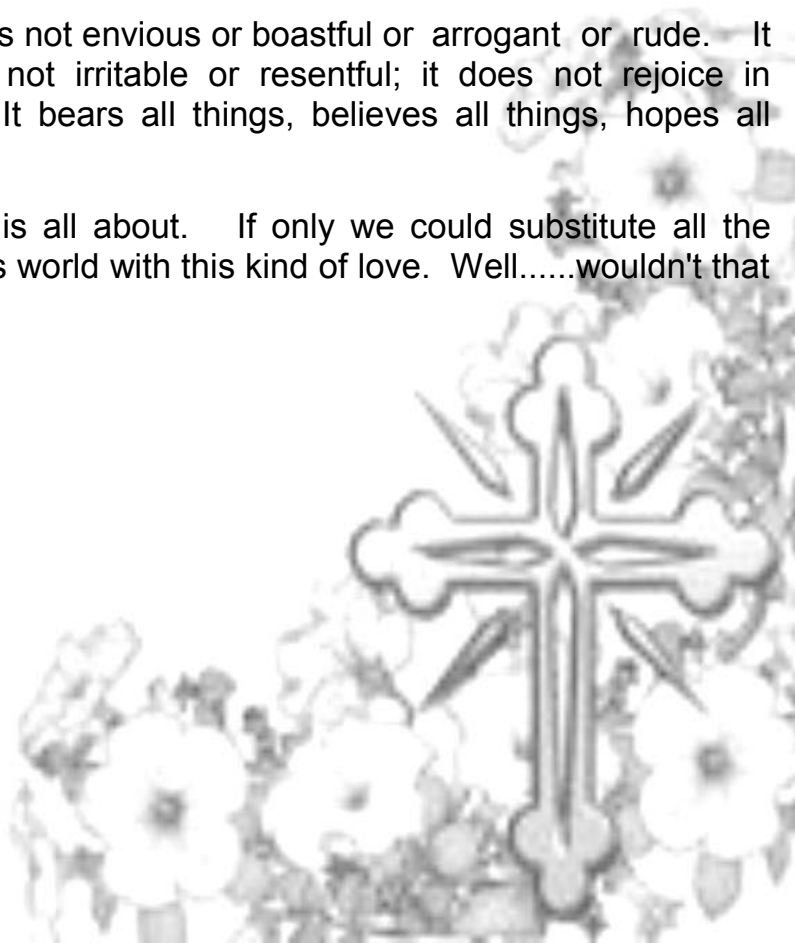
Yours as ever in Christ,

sharon

Revd Canon Sharon Potter

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Village Friends

Village Friends Christmas tea, goodies bag and presents.

Forty three Christmas bags were delivered to Village Friends and other elderly people in our community who have previously joined us at Christmas.

Lynn and I would like to say a huge thank you to all those who made contributions to these special bags.

To Felsham Charity who provided funds to make this happen.

To others who gave donations, baked, packed and delivered.

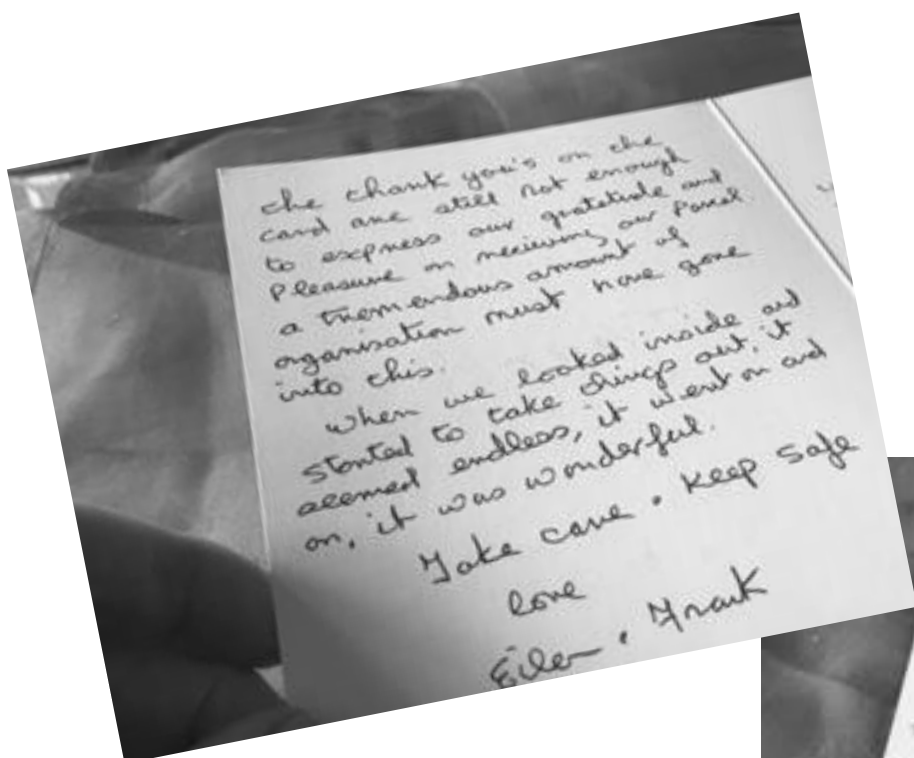
It was a real team effort and greatly appreciated by many.



We have had lots of thank you letters including this one from Frank and Eileen

Thank you everyone.

Sue and Lynn



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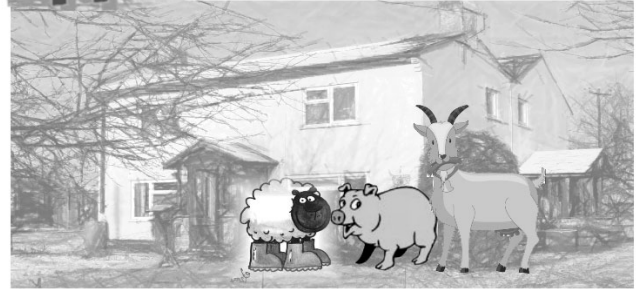
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The Big Garden Birdwatch



Thanks to people like us taking part in the Big Garden Birdwatch, the RSPB now have over 40 years of data and this has helped increase understanding of the challenges faced by wildlife.

It was one of the first surveys to identify the decline of song thrushes in gardens. This species was a firm fixture in the top 10 in 1979. But by 2019, those numbers had declined by 76% – coming in at number 20. And did you know that house sparrow sightings have dropped by 53% since the first Birdwatch in 1979? However, in the past 10 years their numbers have grown by 10% showing that we are beginning to see some signs of recovery.

Results like these help us spot problems. But, more importantly, they are the first step towards putting things right.

How You Can take Part

1. **Pick a time:** You can choose any hour between 29 and 31 January. So whether you're an early bird or a night owl, you can still take part.
2. **List what you see:** Count the birds that land in your garden or park, or on your balcony. Ignore any birds that are still in flight. To avoid double-counting, just record the highest number of each bird species you see at any one time – not a running total.
3. **Submit your results:** Either

Online: You can submit your results online at rspb.org.uk/birdwatch from 29 January until 19 February, or.

By post: If you'd rather send your results by post, you can download a submission form below. Please post your results to us before 15 February.

Every count is important so, if you don't see anything, please still submit your result. Finding out which birds don't visit your area is as important as understanding those which do!

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Make Your Own Bird Cake

You can make your own bird cake by:

Pouring melted fat (suet or lard) onto a mixture of ingredients such as seeds, nuts, dried fruit, oatmeal, cheese and cake

Use about one-third fat to two-thirds mixture. Stir well in a bowl and allow it to set in a container of your choice

An empty coconut shell, plastic cup or tit bell makes an ideal bird cake 'feeder'

Or, you can turn it out onto your bird table when solid.



Where to put bird feeders and tables

You can put your bird feeder in all sorts of places, but aim for somewhere:

- Quiet – where birds won't be disturbed
- Safe – not too close to bushes where cats could hide in wait, but close enough to cover that birds can easily dart to and from
- Sheltered from harsh winds.

Wherever you place your feeder, make sure you can see it when you're indoors so you can get the most pleasure from it!

Bear in mind, it can take a little bit of time for the birds to get used to a new feeder, so don't be disappointed if not many birds visit at first.

Remember the water

Birds like a drink too. You don't even need a traditional bird bath:

Try a dinner plate or breakfast bowl – anything shallow that holds water will do

Large plant pot trays work well

Add a shallow or sloping area to a pond

Use a water feature or fountain.

And remember to:

Keep it clean

Put out fresh water every day

Pour warm water onto any ice that forms in the winter, birds need water all year round.

THE 59 CLUB

The 59 CLUB are looking for more people to take part.
We have plenty of numbers available

For those of you that don't know what the 59 Club is, it's based on the winning National Lottery Bonus Ball. Simple pick a number that's currently available from numbers 1-59, and if your chosen number is drawn as part of the bonus ball in the National Lottery Lotto, then your number wins.

We have 2 games per week. One on a Wednesday & one on Saturday.

The Wednesday game is charged at 50p per number and if your number comes up you win £15. The Saturday game is charged at £1 per number and for that game if your number is drawn you win £30.

The 59 Club is run on behalf of the Village Hall Management Committee, and raises funds for the Village Hall. So every little bit really does help!

If you would like to take part, or need more information, please get in contact with me: steven1515@yahoo.co.uk or 01449737040.

Thank you, Steven



59 Club

Bonus Ball Game

New Members Always Welcome To Join.



The 59 Club is run on behalf of the Village Hall Management Committee to help maintain, repair & the upkeep of our lovely village hall

Bus Times

To / From Bury St Edmunds		Mon	Tue	Wed	Thu	Fri	Sat	Sun
379	OUTWARD	Felsham Six Bells			10:38			
		Gedding Bus Stop			10:41			
		Bury Bus Station			11:07			
	RETURN	Bury Bus Station, Stand 5			12:55			
		Gedding Bus Stop			13:19			
		Felsham Six Bells			13:22			

Digestive Issues: Did you know that in a lot of cases... There's a pattern emerging here... Good Nutrition is key in supporting your health!



If you would like to have a free initial consultation by phone or face-to-face, you can do so at **Woolpit Compelementary** by calling or emailing.

Call Emma on 07760 124 519 to find out more.

Emma Harvey Lawrence (Nutritionist)

BSc (Hons), ANutr, MNS

emma@nutrition-creative.co.uk

Nutrition *Creative*

Village Directory

ALLOTMENTS	BRIAN FRANCIS	01449 736219
CARPET BOWLS	TREVOR DORES	01449 737936
ST PETER'S CHURCH, FELSHAM	REVEREND SHARON POTTER	01284 828599
ST MARY'S CHURCH, GEDDING	revsharon2@gmail.com	
CHURCH WARDENS	DAVID WILLIAMS (FELSHAM)	01449 737778
	JAMES MORGAN (GEDDING)	01449 737445
DOCTORS SURGERY	WOOLPIT HEALTH CENTRE, HEATH ROAD, WOOLPIT	01359 240298
PHARMACY	WOOLPIT HEALTH CENTRE, HEATH ROAD, WOOLPIT	01359 242394
F&G Community Store & Post Office		01449 736042
F&G FUEL GROUP	pawilson4@btinternet.com	01449 736330
FACEBOOK	FELSHAM & GEDDING COMMUNITY	
FAGENDS	c/o DAVID WILLIAMS	01449 737778
FELSHAM CHARITY	DAVID WILLIAMS	01449 737778
GEDDING PARISH MEETING	GILLY MORGAN	01449 737445
MEMBER OF PARLIAMENT	JO CHURCHILL 10 HATTER STREET, BURY ST EDMUNDS IP33 1LZ	01284 752311
MID SUFFOLK & COUNTY COUNCILLOR	PENNY OTTON penny.otton@suffolk.gov.uk penny.otton@midsuffolk.gov.uk	01449 736482
MID SUFFOLK DISTRICT COUNCIL	NEEDHAM MARKET	0845 606 6170
FELSHAM PARISH COUNCIL	SIMON GARROD, CHAIR	01449 737728
	PAULA GLADWELL, CLERK. GREEN FARM BARN, COCKFIELD felshamparishclerk@gmail.com	01284 828112
PLAYING FIELD	PHILIP COCKELL, CHAIR	01449 671872
SHELTERED HOUSING	MID SUFFOLK DISTRICT COUNCIL	01473 826639
POLICE	SAFER NEIGHBOURHOOD TEAM ONE stowmarket.snt@suffolk.pnn.police.uk	101 999 (emergency)
TABLE TENNIS	ADRIAN KING	01449 737495
TREE WARDEN	MARK TAVERNOR, mtavernor@btinternet.com	01449 737793
VILLAGE E.VINE	faddb1011@btinternet.com	
VILLAGE HALL	ANDREW CONQUEST, CHAIR	01449 737619
	KEN SPARKES, CARETAKER	01449 736373
	DAVID WILLIAMS, BOOKINGS	01449 737778
VILLAGE WEBSITES	FELSHAM: felsham.onesuffolk.net	
	GEDDING: gedding.onesuffolk.net	
WHIST DRIVE	PAT CLARKE	01449 736202
WOMEN'S INSTITUTE	ALISON SHAW	01284 827034
YOGA	PAT CLARKE	01449 736202